



## Update Report for the Health and Wellbeing Forum April 2019

This report provides some very brief highlights from BVCSA of developments and progress over the last 2 months.

- **Strategic Engagement**

- **Strategic Partnering Agreement**

BVCSA was the first organisation to sign the SPA document, and has continued to contribute to this piece of work across both Bradford and AWC.

- **Community Partnerships and Primary Care Networks**

The VCS continues to support the work of Community Partnerships across Bradford and AWC, and BVCSA has been collating and sharing views around the development of Primary Care Networks (PCNs). BVCSA represented the local VCS at the recent NHS England Briefing event into the development of PCN Link Workers.

- **End of Life Care**

BVCSA has been undertaking discussions with representatives from the local faith sector to explore how the local faith community might be able to offer support to individuals and their families during End of Life Care. This may be in any setting, whether in the hospital through the Chaplaincy Team, in the community, or working in partnerships with local Care Homes.

- **Contract Delivery Highlights**

- **Harnessing the Power of Communities - AWC and Bradford**

This development project is now complete, with services to improve mental wellbeing, and to reduce loneliness and isolation respectively having been mainstreamed. In AWC, the 'hublets' for Training and Support have now been set up across all three Community Partnership areas, with training courses such as Mental Health First Aid, and Suicide Prevention workshops having been delivered. In Bradford, our Befriending Research Study has been completed, and has calculated that at least **20 organisations** are providing Befriending, delivering **over £6.3m of social value** to Bradford for a **cost of around £428k** - a return of almost **15:1** for every pound spent. **Over 1600 people are supported** each year by **440 volunteers** through almost **36,000 hours** of befriending. It has been calculated that **by 2022, around 11,000 aged 65 or older would identify as being 'often or always lonely'**, and may benefit from Befriending or a similar service.

- **Diabetes Prevention Programme**

The Bradford Diabetes Prevention Programme has now received **219** referrals from GP Practices, with 75% of these sustaining engagement with the programme. Of these, 10 people have now fully completed the programme and **100% of those who have had a second blood test are no longer classified as being at risk of developing Diabetes. 60% have now reduced their BMI to within a healthy range.**

For any questions or comments, please contact:

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