



## Women's Health Network

Wednesday 8<sup>th</sup> May 2019, 10am-12noon at CNet

**Present:** Michelle Taylor (Chair), Masira Hans (Co-Chair), Laila Ahmed (EPP Lead), Catherine Wallis (Hale), Emma Taylor (Community Action), Kirsty McDonald (Community Action), Stephanie Bramley (Calderdale Citizens Advice), Yemi Fagborun (Peacemaker International), Farzana Sutcliffe-Khan (Little Minds Matter), Jenny Scott (CNet Trustee), Jane Ellis (My Wellbeing College), Abigail Smith (My Wellbeing College), Haley Collis (Bradford Teaching Hospital), Waheeda Ghafoor (Family Action), Masira Hans (Sharing Voices), Zaida Perveen (HCA), Natalie Hirst-Illand (Bradford City Council), Kate Butler (Bradford Hate Crime Alliance), Fazeela Hanif (Highfield Community Association), Najma Ashraf (Roshni Ghar), Julie Stein Hodgins (Bradford Teaching Hospital NHS Foundation), Dr Lynn D-Green (Recovery ad Reconciliation), Karolina Dybala (CNet), Shaheen Hussain (NHS Champions Show the Way), Julie Longden (BCB Radio), Loraine Hughes (People Together)

**Apologies:** Victoria Simmons (CCG Head of Engagement & Experience), Wafaa Nawaz (Inspired Neighborhoods), Jane Dale (Little Lane Tai Chi Group) Ingrid Dzerins, Arshad Hussain (NHS England), Jill Long (Calderdale Healthwatch), Angela Duggan (Connect to Support)

Item		Action
1.	<b>Welcome and Introductions</b>  Michelle chaired the meeting	
2.	<b>Minutes of last meeting and matters arising</b>  Agreed as a true record	

<p><b>3.</b></p>	<p>Julie Hodgson – Bradford &amp; Pennine Breast Screening - Bradford Teaching Hospitals NHS Foundation Trust</p> <p>Please see presentation attached</p> <p>The Chair thanked Julie as guest speaker.</p> <p>Bradford and Pennine Breast Screening are able to come and out and deliver the presentation to people in the community, community group members, volunteers and also staff teams. Some groups of women have a lower uptake of screening than others and the team would like to reach into those communities and spread the word around signs to look out for, through sharing video clips and discussions to allay any fears or myths there may be around screening.</p> <p>The aim is to encourage women to take up the offer of screening once they receive the invitation.</p>	<p>Yazmin to share PP</p>
<p><b>4.</b></p>	<p>Dr Stephanie Bramley – Gambling Support Service - Citizens Advice Calderdale</p> <p>Please see presentation attached</p> <p>The Chair thanked Stephanie as guest speaker</p> <p>Gambling Support Service can come out to train staff teams in Bradford and Craven, around gambling as a public health issue.</p>	<p>Yazmin to share PP</p>
<p><b>5.</b></p>	<p>Abigail Smith - My Wellbeing College</p>	

	<p>Please see presentation attached and flyer /posters promoting the service</p> <p>The Chair thanked Abigail as guest speaker</p> <p>My Well Being College ask of Women’s Health Network members is that they spread the word on this free service for people struggling with low mood.</p>	
<p>6.</p>	<p>Grassroots – Hale - Catherine Wallis</p> <p><b>GRASS ROOTS: Message from Catherine Wallis, working for Engaging People on the CCG Grass Roots project</b></p> <p>It is great to be at the WHN meeting to introduce Grass Roots and to speak to some of you individually too.</p> <p>Grass Roots is the CCG’s system that brings together people’s experiences – both positive and negative – of health and wellbeing services from a number of different sources. All experiences are anonymous.</p> <p>As I said, I’m working with Engaging People and VCS organisations to give you avenues and support to feed in what you hear, so that the CCG has a better understanding of a wide range of people’s experiences across the district, and can use this insight in decision making to make services better. <b>I will be linking in with VCS members of the WHN and developing resource packs, so look out for these.</b></p>	<p>EPP team to circulate resource packs and continue to feedback GR info to Catherine</p>

	<p>Laila is sharing an experience she heard recently as an example of the sort of thing that could be fed in, so take a look – either below. Experiences can be about any service receiving CCG funding, across primary and secondary care, maternity, mental health and community services, and any VCS organisation receiving CCG funding.</p> <p><b>To share something now or ask any questions, you can contact me on <a href="mailto:catherine.wallis@haleproject.org.uk">catherine.wallis@haleproject.org.uk</a> or 01274 271088 or email <a href="mailto:grassroots@bradford.nhs.uk">grassroots@bradford.nhs.uk</a></b></p> <p><i>EXAMPLES: Mum of two children under 8 years of age. Spoke very highly of Holycroft Surgery in Keighley. Said that she had never had any problems making appointments, getting through on the phone and that receptionist and staff were all fantastic.</i></p> <p><i>Bradford 7, Asian Female living in Lidget green, early 30,s had been suffering with really bad headaches, been to the local GP at Park Grange Medical Centre. She had never had her blood pressure taken before, the doctor took her blood pressure told her it was dangerously high. Due was then fitted with a monitor and is now seeing her doctor regularly. Her wild infill be on medication and the minor is to assess what level of medication she needs. She spoke very highly of her doctors and said that this has come a surprise but the fact the doctor gave a monitor straightaway and she is having regular checks with nurses has made it really hit home on how serious high blood pressure can be and the fact that if she does not lower it could lead to stroke or heart attack.</i></p>	
<p><b>7.</b></p>	<p><b>Future meeting dates @ CNet</b></p>	

	<p>7<sup>th</sup> August 2019</p> <p>6<sup>th</sup> November 2019</p> <p>(meetings are held 10am – 12pm)</p>	
<p><b>8.</b></p>	<p><b>AOB</b></p> <ul style="list-style-type: none"> <li>• Peacemakers shared flyers for a Bradford Health Mela taking place at the University on 11<sup>th</sup> May from 11.00 – 3.00</li> <li>• Wafaa from Family Action to forward information around a relaunch event taking place on the 12<sup>th</sup> June 9.30 – 1.00</li> <li>• Sharing Voices Event 25<sup>th</sup> June – Masira to forward information for circulation . Sharing Voices will also be organizing a Menopause Café on Monday 24<sup>th</sup> June in the mor</li> </ul>	<p><b>EPP team to circulate</b></p>