

Mental Health Update for Health & Wellbeing Forum

October 2019

1. Serious Mental Illness (SMI) and Physical Health Checks

- The VCS contract is with Mind in Bradford
- Multi-agency working group are steering the project plan
- Programme Manager recruited to drive the VCS elements of the project
- In 19/20 the service will provide training to 125+ staff working with people with SMI, identify cohorts of individuals who are at risk but marginalised and develop effective ways of engaging people with SMI
- In 20/21 the service will develop and implement effective, accessible, evidence-based interventions to support the physical health of people with SMI in response to identified need
- Expected priority areas requiring post-physical health check support from providers are weight management, dietary support, smoking cessation, exercise therapy/advice, alcohol cessation/misuse advice, breast cancer, cervical cancer and bowel cancer

2. Children and Young People's Mental Health Services

- System review of CYP MH Services by external body – to take place over next quarter
- Set up of Children's MH Partnership Board (sub group) first meeting arranged 07.11.19. The group will report to the Mental Wellbeing Partnership Board and the Children's System Board.
- New service launched 1st October for 11 to 19 year olds called Kooth – online counselling, instant access.
- Mental Health Support Teams in Schools – recruitment for Education Mental Health Practitioners is now open – go to nhs jobs website
- Future in Mind implementation plan refresh to be published end October 2019

3. Older People's Mental Health Services

- BDCT taking forward proposals re: older people's mental health support services; to be implemented January 2020

4. Healthy Minds

- A whole system approach to promoting, protecting and improving good mental wellbeing for our population
- An initiative to support the system to have the knowledge, skills and resources to deliver our MH strategy for Bradford & Craven
- The online directory is progressing well; providers being set up on the system and volunteers are being recruited to train the system