



Bradford District Assembly
the voluntary and
community sector together

Bradford District Assembly Health and Wellbeing Forum

Monday 28 October 2019 at CNet

Present: Helen Speight (The Thornbury Centre) (Co-Chair); Helen Davey (Mind in Bradford) (Co-chair); Tina Butler (Relate Bradford); Masira Hans (Sharing Voices); Peter Horner (Community Action / Young Lives Bradford); Jon Royle (Bridge Project); Steph Smith (Age UK Bradford); Alex Spragg (Better Start Bradford); Rubina Burhan (Girlington Community Centre); Aamnah Rahman (Born in Bradford); Sue Crowe (BTM); Julie Wakefield (Healthy Lifestyle Solutions); Rachel Nauwelaerts (Positive Minds); Jen White (BOCS); Jane Lees (Community Works); Riffat Akram & Dawn Mair (Little Lane Tai Chi Group); Dawn Treanor (BDSL); Bethany Simmonds (Specialist Autism Services); Kay Wright (Royds); Nazmin Din (Safety First Community Training Centre); Helen Ioannou (Creative Support (Youth in Mind)); Sonjia Peers (HALE); Mike Frazer (Bradford People's Board / Bradford Patient Network Steering Group); Pam Drake (Headway Bradford); Jenny Scott (CNet); Rachel Deadman (Bradford YMCA); Ian Brewer (Bradford District Credit Union)

In attendance: Helen Prince (Carers' Resource); Sara Ahern (Born in Bradford); Wendy Collins (CNet – minutes)

Apologies: Soo Nevison (Community Action); Irene Hardy (Cruse Bereavement Care); Meryl Sitch (Voiceability); Aliya Fazil (Bradford Doulas); Carlton Smith (Bradford Trident); Kursh Siddique (BAME Voices); Samantha Monk (HALE); Liz Robinson (Step2); David Wilford (A Head of the Curve CIC); Fazeela Hanif (Keighley HCA); Ben Cross (BVCSA)

Item		Action
1.	Welcome and apologies	
2.	<p>Forum Representative - feedback and up and coming issues</p> <p>Feedback reports were circulated prior to the meeting. All feedback reports are available to download via the CNet website: https://www.cnet.org.uk/bradford-district-assembly/health-and-wellbeing-forum If forum members have any queries they should contact the representative directly – contact details will be listed on each report.</p> <p>Integrated Urgent Care Operations Board (IUCOB) / A&E Delivery Board – Stephanie Smith, Age UK Bradford & District</p> <ul style="list-style-type: none"> • A small percentage of the money being received from the West Yorkshire and Harrogate Transformation Fund will be going to the VCS. • Steph asked that any services being provided by organisations to help with winter pressures be sent to her for inclusion in the Winter Plan. • Recruitment is currently underway for Multi-Agency Support Team (MAST) workers through various VCS organisations, to support A&E during winter pressures. 	

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<ul style="list-style-type: none"> • It was mentioned that the winter flu jab for frontline workers is available and being advertised through the Council. <p>Co-Chairs' Report – Helen Davey, Mind in Bradford and Helen Speight, Thornbury Centre</p> <ul style="list-style-type: none"> • Infrastructure review: proposals are being updated following a stakeholder meeting, after which there will be an opportunity for wider sector involvement. • Prevention and Early Help: led by Dan Greenwood of WY Police. Peter Horner and Mark Nicholson are representing the VCS and have fed into a proposal which is going to the Health and Wellbeing Development Board. • Advice service: the Lead Organisations have met with councillors and this is moving forward. • Independent Service Funds: two events are taking place in Keighley and Bradford. More details here: https://cnet.org.uk/node/123 • Information governance: Soo is working with colleagues on who needs the NHS toolkit. There will be training if needed for organisations. • Health and Wellbeing Board: autism waiting lists are huge; further work is being done on what happens after diagnosis. Tina from RELATE ?? will be meeting with CAMHS to raise how they and the VCS can better work together. A Children and Young People's Partnership Board has been established; a VCS rep is needed to sit on this and feed back to the group. CNet to advertise for a rep. <p>Mental Health Update – Helen Davey, Mind in Bradford and Helen Ioannou, Creative Support</p> <ul style="list-style-type: none"> • The new to Bradford anonymous support website for 11-19 year olds mentioned in the report can be found at kooth.com. • Healthy Minds: A digital doorway will use artificial intelligence to collate popular local searches and direct people to helpful websites. Sue Crowe mentioned that the website is currently not accessible for people with disabilities; Helen D said they are looking at this and also at other languages. The site will be live from 29 November. • Physical Health Checks for those living with a serious mental illness: Mike asked if Mind is looking to support service users through the effects of quitting their unhealthy coping mechanisms such as smoking. It was confirmed that we needed to establish the range and nature of support available across the system and that solutions had to be focussed on the individual needs and may require new coping strategies/skills to be developed at an individual level. Helen D stressed that as the project moves into direct delivery of bespoke support that all VCS partners who can help provide appropriate and timely support should be engaged in the programme – Mind in Bradford is co-ordinating the project not seeking to be the direct deliverer of interventions. 	<p style="text-align: center;">CNet to advertise for rep for CYP P'ship Board</p>

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	<p>Health and Social Care Overview and Scrutiny Committee – Sue Crowe, BTM</p> <ul style="list-style-type: none"> Any feedback on the Public Health outcomes report should be sent directly to Sue, along with any other questions on Sue’s feedback report. 	
3.	<p>Young Carers E-Learning – Helen Prince, Carers’ Resource</p> <ul style="list-style-type: none"> They are able to offer 250 free licences for the young carers e-learning course, for those working with young carers. More information: https://youngcarersresource.org/e-learning/ This has been set up because the Council were wanting a wider offer than previously. Carers’ Resource runs family hubs in several areas around the district. These include youth clubs, alternating each week between younger and older children. They also carry out work with schools. For more information about what is available in specific areas contact Carers’ Resource. 	
5.	<p>Minutes of the Last Meeting and Matters Arising</p> <ul style="list-style-type: none"> Item 2: Community Partnership data – Jen clarified that her point was around multiple deprivation and that CP data just covers health. Helen S passed on information from Ben saying that people need to be aware when using CP data that it does not align with ward data. Item 2: Wendy to check with Janet about the progress of finding a rep to sit on the Estates Group. 	<p>Wendy to check estates rep status with Janet</p>
6.	<p>Integrating Evaluation into Practice – Sara Ahern, Senior Research Fellow, Born in Bradford</p> <ul style="list-style-type: none"> Sara’s presentation will be shared with the group. Ideally evaluation of a service would start when the service does, but it can also be adapted to projects and services which are already running. To do an effectiveness evaluation a service would most likely need an academic partner, such as a university, or Born in Bradford. There are three evaluation toolkits available on the BiB website; organisations would need to register to access these. https://borninbradford.nhs.uk/ Wendy to get BiB evaluation from Sara to share with group. It was suggested that Sara’s presentation would be useful as a workshop, possibly with non-VCS partners next year. 	<p>Wendy to request evaluation from Sara</p>
7.	<p>Forward Planning for the Year Ahead</p> <ul style="list-style-type: none"> Helen S, Sue, Helen I, Helen D and Peter will all meet separately to do this work. 	
8.	<p>AOB</p>	

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<ul style="list-style-type: none"> • Looking out for our Neighbours Phase 2: information has been circulated to the forum, please make service users aware. • Baby Week is happening during w/c 4th November. Various events are planned. • The Women's Health Network is holding a cancer screening awareness event at Carlisle Business Centre on 19th November. Mike mentioned that Sean Duffy of the West Yorkshire and Harrogate Cancer Alliance will be speaking at this. • A children and young people's careers event for health and social care will be taking place on 4 March 2020. Talk to Peter or Janet about having a stall at this event. • Ian Brewer mentioned upcoming Halloween anti-loan shark events and Surviving Christmas. • Dawn mentioned newly released sports directories and that phase two of Get Out, Get Active will be happening in the new year. • Rachel Deadman handed out some flyers for the YMCA Shaping Spaces health and wellbeing programme for 16 to 25 year olds. Places are available. • Sharing Voices are hosting a masculinity and mental health event at Carlisle Business Centre on 21 November. <p>Dates of next meetings</p> <ul style="list-style-type: none"> • Tuesday 28 January 2020 <p>Meeting ended at 12.00 pm</p>	

Meeting minutes and accompanying handouts are available to download via the CNet website: <https://www.cnet.org.uk/bradford-district-assembly/health-and-wellbeing-forum>