



Women's Health Network

Wednesday 13th November 2019, 10am-12noon at CNet

Present: Michelle Taylor (Co-Chair), Masira Hans (Co-Chair), Laila Ahmed (CNet), Yazmin Shah (CNet), Frances Holling (Espiritu Health & Wellbeing), Rosa Blackwell (Bradford Doulas), Hayley Collis (Bradford Hospitals Charity), Jane Dale (Little Lane Tai Chi Group), Jane Ellis (My Wellbeing College), Sandra McIntosh, Aamnah Rahman (Born in Bradford), Fiz Ahmed (West Yorkshire Police), Marie Hallam (Little Lane Tai Chi Group), Mariya Begum (Empowering Mothers Group), Angela Duggan (Adult Social Care), Abigail Smith (My Wellbeing College), Yasmin Begum (Roshni Ghar), Halima Iqbal (University of Bradford), Ruby Sohal (Bradford CCG), Josie Brookes (Bradford Hospitals Charity), Shaista Akram (Bradford Council), Rona Terrelonge (Church of God of Prophecy), Dr Lynne Green (Addiction & Recovery), Jenny Scott (CNet), Saadia Mushtaq (Muslim Women's Council), Andrea Allez (Equity Partnership), Trish Pedley (Hey Mama), Amy Sefton (WYP), Sue Balcomb (Campaign Bootcamp), Seep Qazi (WYP), Olivia Crocker (Metropolitan Police), Sadie Juncal (Metropolitan Police), Tara Corry (Women's Interfaith Network), Lady Gilda Levy (Women's Interfaith Network), Fiz Ahmed (West Yorkshire Police)

Apologies: Rachael Nauwelaerts (Positive Minds)

Item		Action
1.	Welcome and Introductions Michelle Taylor mentioned the Cancer Screening Awareness Event taking place on the 19 th November at Carlisle Business Centre and asked members to spread the word amongst their network/groups and contacts.	

	Laila Ahmed handed out the flyer for the event and urged everyone to book through Eventbrite.	
2.	Minutes of last meeting and matters arising Agreed	
3.	<p>Guest speakers</p> <p>Angela Duggan – Health and Wellbeing</p> <p>Angela talked through changes currently taking place in Adult Social Care, moving towards a more community based and focused assessment process, moving away from a deficit model to one acknowledging positives and existing strengths.</p> <p>NDTI (National Development Team for Inclusion) is looking to get more organised with user groups and this is being piloted in Keighley. The new way of working was having some positive results with people leaving their house with a smile. There was a market stall in Keighley making this more community base providing a comfortable environment with an open door policy. The aim was to connect with everyone. The prevention side will be rolling out across Bradford – South, East, West and North.</p> <p>Bradford Referral System - referrals are still made through the access team who will carry out and complete the assessment and then prepare a support plan. Booked appointments are on a Tuesday, there is a market stall on a Thursday and this is accessible for all. Angela also informed the stall was available to members of WHN for the rest of the week if they wish to make use of it.</p>	AD to send a copy of the 7 principles to be circulated to members
4.	Saadia Mushtaq – Muslim Women’s Council	YS to circulate with minutes

	<p>Please see presentation attached</p> <p>Muslim Women’s Council are recruiting for the Aunties Network. The ‘Aunties Network’ are a very special group of ladies who are breaking the culture of silence and opening up the conversation about child sexual exploitation within their own informal networks. Training and support will be provided, please see the website for further information.</p>	
<p>5.</p>	<p>Gilda Levy – Women’s Interfaith Network</p> <p>Gilda Levy was born in London the daughter of Jewish immigrant parents who came to Britain from Vienna to escape Nazi persecution. She qualified as a teacher of English and drama and spent many years as a governor of a local primary school and teaching children with moderate learning problems. Gilda also worked in a residential home for younger physically handicapped people running a literary and drama discussion group, in a voluntary capacity. Gilda talked about how her family history had a deep impact on her and she has always felt that bigotry and prejudice are the greatest evil. WIN is her way of trying to combat these and by bringing communities together to make a more respectful and humane society.</p> <p>Gilda explained WIN is a movement committed to building a better, more inclusive society through promoting friendship and embracing difference. WIN combats prejudice and welcomes people of all backgrounds, ages, orientations, faiths and no faith. WIN has no religious or political affiliations and Welcomes people of all backgrounds, ages, orientations, faiths and no faith.</p> <p>All of Us is a ground breaking campaign aiming to tackle the global rise in cultural and religious intolerance. WIN teamed up with award-winning animators, Animage Films, to create the short</p>	

	<p>animated film 'All of Us'. Educational workshops tailored for primary and secondary schools, colleges and for communities based around the film are now available.</p> <p>Please Link to watch the film https://www.youtube.com/watch?v=NyRNsvlaN2A</p> <p>Women's Interfaith Network are very keen to work with schools in Bradford</p>	
<p>6.</p>	<p>Javed Khan – CNet Voice & Influence</p> <p>Javed khan informed members that CNet has a number of different forums available to people and organisations involved in voluntary and community groups within the Bradford District. Forum members make up the Bradford District Assembly with current membership standing at around 1,000 organisations and individuals. The forums enable more coordinated responses as well as providing a vital means of accountability for our work. The Bradford District Assembly is independently managed by the Assembly Steering Group, which meets regularly and has representatives from each of the forums as well as other voluntary and community sector partners. Issues/concerns or discussions from the Voluntary Community Sector are then taken back to the Council and CCG's and other organisations. CNet role is to act as a conduit.</p> <p>Javed spoke about the Women's Health Network and how it has gone from strength to strength, a wide range of topics are discussed, everything is captured, each voice is heard and gets fed back and we want to keep it this way.</p>	

	<p>Javed fed back on the current infrastructure review. The Engaging Peoples contract is due to end 31st March 2020 and the Engaging People Project will now be reviewed as part of the infrastructure review. At the end of the review we will have a clearer picture where it will sit. Jav stated that he was proud and impressed with the growth and reach of WHN since its start.</p> <p>Michelle Taylor responded by saying this is due to the fact that we are all women, we share our experience and we continue to network and reach new people.</p> <p>Masira Hans spoke about bringing current issues to this forum and that we look at making a difference</p> <p>Laila Ahmed spoke about the beauty of this network was the agendas lead, as an example she spoke about women asking if they could host a menopause café which was done successfully.</p> <p>Sandra McIntosh spoke about getting the community to work with the professionals and wants to look at what support is available for young children also signposting people to the chaplain service.</p>	<p>SM to have a further discussion with JK</p>
<p>8.</p>	<p>Member News</p> <p>Michelle mentioned she was looking at mapping with People Can and will keep us posted.</p> <p>Hayley Collis said Raise a Smile had completed Phase 1 and there was now a dedicated waiting room (a snuggle room for parents) which had reduced general anxiety by 41%. A video had been put into the relax room and works had started on the waiting room at St Lukes.</p> <p>Abigail Smith informed the Bradford Council Connect to Support website shows a map of Bradford</p>	

	<p>split in 3, which everyone can access, add to and use.</p> <p>Michelle Taylor gave an update on the session she chaired at the Fillia Conference on Health Inequalities, it was a packed session with 80 people in attendance. She mentioned Birmingham University was looking to write a paper using the WHN as a model and the National WHN Menopause session was a very powerful read on twitter.</p> <p>Aamnah informed BIB had teamed up with the team at Mary Hospital in London and would be sending out a leaflet explaining medication giving BME communities a knock on effect after taking it. Frances Holling informed everyone there was spaces available in Little Germany should anyone require</p> <p>Javed Khan said going forward CNet would be looking to work with the Roma Community and Statutory Organisations that are already working with this community, and asked anyone of any groups they are aware of that we can link in with. Javed briefly spoke about the Jump Project, which focuses on young people (5-14) to get active. CNet has been commissioned to administer the grants programme for Jump. The grant is up to £5000 for local constituted community organisation to carry out activities around making children more active.</p> <p>Fiz Ahmed announced her retirement from the West Yorkshire Police Service, her last day is on 10th January 2019. There will be a celebratory get together for which she would send further information.</p> <p>International Women's Day theme next year is E for Equality.</p>	<p>AR to send leaflet to YS to circulate</p>
<p>9.</p>	<p>Date of Next meeting : Wednesday 19th February 2020, 10 – 12.00 CNet Large Meeting Room</p>	