



Women's Health Network

Wednesday 19th February 2020, 10am-12noon at CNet

Present:

Aamnah Rahman (Born In Bradford), Isla Skinner (Bradford Districts Care trust NHS) , Yazmin Begum (Roshni Ghar), Kay Wright(BDSP), Shaheen Akhtar (Born In Bradford), Maria Mahmood (BDCT), Jenny Scott (CNet), Laura Whiteford (St Vincents Bradford), Ruth Shaw(Bradford District & Craven CCG), Mandeep Sanaa (Ministry of Others), Seerat Mir (Bradford Councils Sports Unit), Laura Uppon (Dance for Life, Bradford Council), Emma Holmes (BDCFT), Kate Butler (Bradford Hate Crime Alliance) ,Sue Hannah (Little Lane Tai Chi Group), Rubina Khalid (Womens Zone), Rosa Blackwell (Bradford Doula Project) ,Waheeda Ghafoor (Family Action) , Sandra Mackintosh (Community member) , Shila Begum (Sharing Voices),Razwana Ishaq (Domestic and Sexual Violence Team), Ingrid Dzerins (Community member), Khalida Ashraf (Muslim Womens Council), Lynne Carter (Bradford District and Craven CCG).

Apologies: Yazmin Shah (CNet), Fazeela Hanif (Highfield Community Association), Julie Hodgins (BTHFT), Sadie Greenwood (BTHFT), Sonia Fayyaz (JUMP), Rachael Neawelaerts (Positive Minds), Ann West

Item		Action
1.	Welcome and Introductions Masira WHN Co – Chair welcomed everyone to the meeting and this was followed by a round of introductions with several new members joining the meeting for the first time.	

<p>2.</p>	<p>Minutes of last meeting and matters arising</p> <p>These were agreed as a true and accurate record.</p>	
<p>3.</p>	<p>Guest speakers</p> <p>Isla from the Bradford District and Care NHS Foundation Trust (BDCFT) delivered a presentation on their Experience and Involvement Team, this was followed by a showing of their Involvement Strategy video , Your Voice Matters the new plan for 2019 - 2023, this being co- created with people who use BDCFT services including people from communities, governors and staff.</p> <p>Information was shared with members on what they do and where, the vision, strategy and values for BDCFT. Carers experience and support for carers and information on Carers hubs and branches was also discussed</p> <p>video link https://vimeo.com/389219643</p> <p>Isla explained how people can connect to the forum Your Voice Matters and welcomed sharing the information amongst WHNs members and contacts asking for contributions or any questions.</p> <p>During the questions and answer session the following points were raised. Mandeep shared that in her experience of delivering creative projects with BAME elderly community, they are not currently sharing their experiences, it is not something that the community would usually do and when they do, it is usually at a critical point and especially so in the case of mental health. She felt it was important to first build relationships, undertake engagement and then connect with people.</p> <p>A question was raised as to who was being targeted and perhaps for those with hearing issues, subtitles and BSL versions being available.</p>	<p>Attached Experience and Involvement Team presentation</p>

	<p>Khalida offered the viewpoint that the video could reflect more on the diverse communities within Bradford and surrounding areas.</p> <p>Masira Co –chair who was in the video thanked Isla and here team for sharing the information which can now be shared and disseminated with WHN members.</p>	
4.	<p>WHN Work Plan Priorities 2020- 2023</p> <p>Masira undertook a group work exercise collating member’s thoughts and feelings on themes/issues/areas of work WHN should have a particular focus on.</p> <p>Please find workshop notes attached</p>	<p>3 Key Questions to be shared with all members.</p> <p>To be collated into work plan for Summer 2020.</p>
5.	<p>Grassroots Work Shop</p> <p>Laila gave out copies of the Grassroots Handbook which details ways in which voluntary sector partners can feed back comments and the MVP postcard question 3 could also be used to gather the feedback and intelligence.</p> <p>Members then completed a sticky note exercise noting maternity care service and feedback from women and families with which they work and have relationships with.</p>	<p>24 issues collated and fed into Grassroots system</p>
6.	<p>CNet Voice & Influence</p> <p>A series of stakeholder workshops are being delivered in spring and are attended by VCS organisations. Voice and influence formed part of a workshop delivered in early February with updates being given on the three strands currently receiving grant funding, Bradford District Assembly, Young Lives and the Engaging People Project, the latter currently being commissioned by</p>	

	the three CCG,s .	
7.	<p>Member News</p> <ul style="list-style-type: none"> • WHN’S IWD Event #EachforEqual is taking place at Carlisle Business Centre on Monday 9th March from 9.30 until 2.00. Places to be booked on Eventbrite. Flyer with full programme and links has been circulated to members. • Bradford Doulas are celebrating 10 years of supporting mums, babies and families and to celebrate they have organised a tree planting ceremony taking place on 21st march in Silsden, open to all and friends and family. Flyer has been circulated to all members. • Sharing Voices will also be commencing a think tank with Muslim Womens Council, with the idea to establish a research base of women in the future if it is successful. The focus will be on mental health by women with lived experiences .This will include four separate pieces of work and they are looking to recruit a new cohort of professional women. There will also be focus on professional development and training skills development. Khalida invited anyone interested to get in touch and will provide some information to circulate to members and asked that they distribute to women and groups they think maybe interested in taking part. • Women Zones Happy Women’s Group will be hosting an International Womens Day Event at Kala Sangam on the 7th March from 10.00 – 3.30. • Mandeep shared she is working with the ministry of sound around art and translating this into legacy • Shaheen shared information with the group on a new piece of research being undertaken by Born in Bradford specifically around the South Asian community and type 2 diabetes. They are 	

	<p>looking to recruit people of Pakistani and Bangladeshi origin due to the fact that 40% will eventually have the condition and with its associated long term health implications. Current prescribed drugs have been mainly tested on white European population only and due to genetic differences these may have different side effects for the Pakistan and Bengali population.</p> <p>The research will include short questionnaires and also access to medical records. Bib are now openly recruiting people to take part in this long term piece of research and Shaheen asked that WHN members support in spreading the word amongst these two communities to increase uptake in respondents.</p> <ul style="list-style-type: none"> • Pennine Breast screening asked for a summary report to be shared with members please find attached on #Knowwhatsnormal for you and a request to engage with 45 – 55 year olds to educate and raise awareness. 	<p>Attached breast screening summary report</p>
<p>9.</p>	<p>Date of Next meeting : Thursday 21th May 2020, 10 – 12.00 CNet Large Meeting Room</p>	

