



Women's Health Network

Monday 21st September 2020, 10:30am-12:30pm via Zoom

Present: Surji Cair (Naye Subah); Yazmin Shah (CNet); Laila Ahmed (CNet), Jenny Pratt (CNet) (minutes), Julie Hodgins (Pennine Breast Screening) Lindsay Bridge (Domestic and Sexual Violence Team CBMDC); Kirsty Ferguson (Step2); Collette Haigh (Staying Put); Aamnah Rahman (Born In Bradford); Fiz Ahmed (JU:MP); Sadie Greenwood; Masira Hans (Co-Chair and Sharing Voices); Michelle Taylor (Co-Chair); Dr Emma Craddock (Senior lecturer at Birmingham University); Jane Dale (Little Lane Tai Chi Group); Abigail Smith (BDCT NHS); Jenny Scott (CNet Trustee); Rosa Blackwell (Bradford Doula Project); Alisha Thomas (West Yorkshire IBSA Service); Cheryl Minette (Community Activist); Julie Longdon (BCB Radio and Engagement Worker); Furaha Mussanzi (Millside Centre); Ingrid Dzerins (Women's Campaigner); Salma Mia (Voice Ability Bradford); Farzana Ghani (Roshni Ghar); Rashmi Sudhir (CCG Manager); Sadie Greenwood (Pennine Breast Screening); Ann West (Kirkgate Community Centre Trustee); Yasmeen Akhtar; Mandy Thomas (CBDMC)

Apologies: Isla Skinner (Bradford Districts Care trust NHS), Ruth Davidson, Sara Firth (Health Watch Bradford),

Item		Action
1.	Welcome and Introductions Masira and Michelle, WHN co-chairs, welcomed everyone and thanked them for attending.	
2.	Minutes of last Meeting & Matters Arising Minutes were agreed as correct.	

<p>3.</p>	<p>Guest Speakers</p> <p><u>Lindsay Bridge and Mandy Thomas– Domestic Abuse Team (CBMDC)</u></p> <p>Lindsay talked through changes within the service delivery of the Domestic Abuse Team currently taking place due to the pandemic.</p> <p>All training is now taking place over Webex or Zoom. Serious Case Reviews and MARACs (Multi Agency Risk Assessment Conferences) continue to be held. These are to discuss very high-risk cases of abuse. There has been a large increase in MARAC meetings during the pandemic in Bradford, from once every 2 weeks to twice weekly.</p> <p>It has been found that, during lockdown, people will not report as they are unsure what is open, but there has been a huge increase in reporting when lockdown rules were relaxed. Their greatest concern is areas of no reporting. These are now, and in the past have been mainly rural areas (e.g. Bingley Rural, outskirts of Bradford). Mandy explained that there was data available about research on Domestic Violence in rural areas. Please see link here: https://www.ruralabuse.co.uk/findings/</p> <p>It was pointed out by Lindsay that Bradford does have the best service in the country, although there is always room for improvement.</p> <p>During a question and answer session, the following points were raised. Laila offered the support of the Women’s Health Network to spread the messages from the Domestic Violence team. Julie Longdon mentioned she knew of those who hadn’t had a good response from the police. If this happens Lindsay and Mandy advise that people report this to the Inspector. Mandy and Lindsay would also like to know any of these stories, good or bad, to support their training and to improve services.</p> <p>Lindsay added that they were working with GP services to encourage GPs to signpost. Ingrid asked about making sure there was information on the website as it is currently very difficult to speak to</p>	<p>LB to email the current cold spots to LA to share.</p>
------------------	--	---

anyone at the GP practice. Lindsay will take this back to the team.

Rosa raised the concern that due to lack of face to face appointments with health care workers, there is less opportunity to get information out to the general public. Lindsay agreed and their team has distributed fliers and cards to everywhere you can still go during lockdown, as well as posting on social media. Any ideas about how to get information out there are always welcome. Sadie offered to share information at breast screening. Men are not allowed in the screening room or onto the mobile units. Please contact Julie Hodgins or Sadie Greenwood on bth.penninehp@nhs.net

Rashmi suggested for Lindsay to be linked up with the Healthy Minds portal and the campaigns (the mental health and wellbeing portal for everyone in the Bradford District and Craven)
<https://www.healthyminds.services/>

Collette Haigh – Recovery and Resilience Team (Staying Put)

Please see attached Presentation

Collette went through her presentation and the following discussions were had.

Julie Hodgins asked how well a person engaged with Breast Cancer appointments if they are involved in a Domestic Violence situation and what the barriers are to them engaging. Collette felt it would depend on the individual situation as may include not being allowed out of the house, or to visit routine doctors' appointments. Lindsay Bridge suggested their staff training sessions might help with the questions you have about help seeking and offering support. Cancer is often an unexpected outcome of experiencing domestic abuse. Lindsay has sent the flyers for staff training to Saima at CNet

Yazmin to forward fliers for Lindsay Bridge staff Training to Julie Hodgins

for her to forward.

Surji asked about information being available in different languages. Collette will feed back to their social media team to ensure this is happening. They do have Polish, Urdu, Punjabi and Slovakian speakers and would use translators for other languages.

Rashmi enquired if there is any evidence of rise in DV with in any particular community over past 6 months in Bradford? This was being studied but the results were still unknown.

They have found underreporting from Black Asian Minority Communities.

Plans were being put in place for extra staff due to furlough ending and the inevitable rise in unemployment. Funding has been made available through Central Government, but more is still needed. More organisations are working collaboratively to try and fill this gap.

Staying Put also deliver a programme in secondary schools around Domestic Abuse, Honour Based Violence/Forced Marriage and Safe Relationships/Social Media Safety. To discuss this further please contact Collette directly on collette@stayingput.uk.net

The minimum age for Staying Put is 16 and above. Below that is Children Services.

Alisha Thomas –Independent Sexual Violence Advisor (Victim Support)

Alisha went through what the service has been doing throughout the lock down and explained what the organisation Victim Support does in West Yorkshire.

When lockdown happened, our team set up quickly to be able to meet remotely with clients. The first 2 weeks of lockdown saw a decrease in referrals. Police had got very busy with Covid related activity

	<p>and The SARC (Sexual Assault Referral Centre) building had gone into lockdown too and the Courts closed down. Processes were put in place but this still meant referrals came through very slowly. Now cases are starting to go to trial through video link. We did a lot of work with the CPS around ensuring the victim is still screened off from the offender during these video link trials and now screens are put in place as standard.</p> <p>Victim Support supports survivors of rape and sexual violence. We started with 5 ISVAs (Independent Sexual Violence Advisor) and now have 12. Ours is an ISVA only service, no counsellors but do have 3 specialist child ISVAs. Most work comes from West Yorkshire Police and the SARC building. Majority of cases are not Domestic Violence. People can be referred directly, and we do take self-referrals. We support them through the whole criminal justice journey. Manage victim's expectation about the criminal case. Victims accessing the service can be of any gender. We have developed training packages with partners like Survive and Thrive to deliver to West Yorkshire Police. 25% of our victims are under 13 years old.</p> <p>Counselling is patchy across the West Yorkshire area, although we do have some funding for private counselling.</p> <p>Contact details for the ISVA service are 01274 535432</p>	
<p>4.</p>	<p>Member News</p> <p><u>Fiz Ahmed</u> I'm here in my new role as a project support officer with the JUMP project. I would like to support people affected by Domestic Violence. Please contact me on fizahmedqpm@gmail.com or phone number 07961 430894.</p> <p><u>Julie Hodgins</u></p>	

Would like to speak with others about how women's mental health can be affected by hiding their disease. Also, Yorkshire Cancer Community are looking for digital champions to promise to share messages about cancer and early detection. Please contact Julie directly.

Emma Craddock

Would like to carry out focus groups. My email is emma.craddock@bcu.ac.uk if anyone wants to get in touch with me. I will be sending out information officially in the future.

Farzana Ghani

Email is farzana.ghani@roshnighar.org.uk Please email me anything that may help young people going through the bereavement involving a young girl in Keighley. I would like advice about support for mental health and grief for young people.

Kirsty Ferguson from Step 2 explained they can provide free counselling and can provide counsellors for a school with a tailored approach. Please contact Kirsty on kirsty@step2.org.uk

Ian Brewer

The Anti-Poverty Events Group is launching #LoanSharksAreMonsters on International Credit Union Day on 15th October. 5000 activity packs made by Artworks will be going out to vulnerable families just before Halloween to make the most of the monster's aspect in highlighting the dangers of loan sharks. More info to follow...

Furaha Mussanzi

Millside Centre has a project supporting young people to build their confidence. Will email flier to Yazmin at CNet to distribute.

Masira Hans

Sharing Voices are still open with 121 support and webinars. masira.hans@sharingvoices.org.uk

Furaha to email flier to Yazmin for Yazmin to forward to the network.

	<p><u>Julie Longden</u> We are promoting Black History Month and Climate Week this week on the radio. Please get involved. I would like to interview people for the radio. If you are interested, please get in touch. Mobile number: 07783946300 Email: Julie.longdenbcbradio106.6fm</p> <p><u>Laila Ahmed and Yazmin Shah</u> Please let us know if you would like to hold a Menopause or Period Cafes on laila@cnet.org.uk or yazmin@cnet.org.uk A Sleep survey is being devised on Survey Monkey by Ingrid and Yazmin. We hope for this to be out soon and will send round the link.</p> <p><u>Aamnah Rahman</u> Initial round of Born in Bradford's research on Covid-19 and its impact upon families/communities in Bradford has been published and a second round of research is due to begin October. So will keep you posted. BiB are now focused on working with secondary schools as the cohort children have started secondary schools so yes can link in with Julie Hodgins work.</p>	
5.	AOB	
6.	<p>Chat Box Text</p> <p>From Fiz Ahmed: Hi everyone, I'm so excited to be here my new role is a project support officer with the JUMP project, which I will hopefully have chance to have share with you.</p> <p>From Julie Longden: we are celebrating Black history month at BCB Radio and would really love you all to be part of it in any way that makes sense for you or your community .We are doing a zoom meeting at 6pm this evening if you would like to be part of this please message me on 07783946300 much love</p>	

in sisterhood xxx

From Fiz Ahmed: I would like help support more women in reporting DV,

From Fiz Ahmed: Dear all my email address if fizahmedqpm@gmail.com, my phone number is 07961 430894 xx

From Julie Hodgins Breast screening: Yorkshire Cancer Community are looking for digital champions to promise to share messages about cancer and early detection.

From Abigail Smith: what is your twitter handle?

From Sadie Greenwood: Lindsay, we might be able to share at breast screening. As women attend for screening we don't allow men onto the mobile units or in the room. I'll our share details at the end.

From Rashmi Sudhir : Lindsay hope you are linked with Healthy Minds portal and the campaigns <https://www.healthyminds.services/>

From Rashmi Sudhir: Healthy Minds is the mental health and wellbeing portal for everyone in the Bradford District and Craven.

From Julie Hodgins Breast screening: If a woman, or man is in a DV situation, how well might they engage with going for a well person check-up...i.e. breast screening or cervical or even a dentist appointment?

From Lindsay Bridge: Hi Julie the staff training sessions might help with the questions you have about help seeking and offering support. Cancer is often an unexpected outcome of experiencing domestic abuse. I have sent the flyers for staff training to Saima

From Mandy Thomas: Domestic Abuse in a rural setting: here is a useful report:

<https://www.ruralabuse.co.uk/findings/>

From Rashmi Sudhir: Collette is there any evidence of rise in DV with in any particular community over past 6 months in Bradford?

From Fiz Ahmed: Collette do your staff go into Secondary Schools and raise awareness of what you offer/support?

From Collette Haigh: Hi Fiz, we do. We deliver a programme around Domestic Abuse, Honour Based Violence/Forced Marriage and Safe Relationships/Social Media Safety. I'm happy to talk more with you outside of the meeting if you'd like. My email address is: collette@stayingput.uk.net

From Sadie Greenwood: Lindsay, best contact for Julie and myself (breast screening) is bth.penninehp@nhs.net

From Kirsty Ferguson: Is there a minimum age for the service as I work with U18's parents who the majority have experienced some form of DA?

Collette Haigh: The minimum age for Staying Put is 16 and above. Below that is Children Services.

From Masira Hans: masira.hans@sharingvoices.org.uk

From Julie Longden: please can I have contacts of this group so I can contact them for Radio interview please xx

From Ingrid: Hats off to the people providing the services we've heard about this morning. In keeping your services going whilst more barriers arise and numbers increase.

From Julie Longden: Yasmin Shah how do I get contacts of organisations here today please,

From Ingrid: Hi Yazmin, if the session is being recorded are you able to retrieve the "chat" and circulate the contacts and links people have added?

From Alisha Thomas: 01274 535432 ISVA service

From Julie Longden: Cheryl please can I interview you about your experience of bootcamp

From Cheryl Minette: Hi Julie that would be great

From Ian Brewer: Julie - happy to talk to you :-)

From Aamnah Rahman: Initial round of Born in Bradford's research on Covid-19 and its impact upon families/communities in Bradford has been published and a second round of research is due to begin October. So will keep you posted.

From Ian Brewer: The Anti-Poverty Events Group is launching #LoanSharksAreMonsters on International Credit Union Day on 15th October. 5000 activity packs made by Artworks will be going out to vulnerable families just before Halloween to make the most of the monsters aspect in highlighting the dangers of loan sharks. More info to follow...

From Aamnah Rahman: BiB are now focused on working with secondary schools as the cohort children have started secondary schools so yes can link in with Julie's work

From Julie Longden: Cheryl my number is 07783946300

From Aamnah Rahman: Julie Hodgins I will email you with regards to this, Aamnah

From Emma Craddock: My email is emma.craddock@bcu.ac.uk if anyone wants to get in touch with me. I will be sending out information officially in the future but wanted to come along to the meetings

	<p>to become more familiar with the network and what's going on, thanks.</p> <p>From Kirsty Ferguson: Step 2 Young People's Health Service - kirsty@step2.org.uk</p> <p>From Farzana Ghani: farzana.ghani@roshnighar.org.uk Please email me anything that may help young people going through this bereavement ☐</p> <p>From Julie Longden: Julie.longdenbcbradio106.6fm</p> <p>From Julie Longden: 07783946300</p>	
8.	<p>Date of Next zoom meeting:</p> <p>WHN BMDC Council Plan & Equalities Plan Consultation Tuesday 3rd November 2020 ,10:30-11:30 online via Zoom</p> <p>Next WHN Meeting Monday 30th November 2020 , 10.30 – 12.00 ,online via Zoom</p>	