





Adverse Childhood, Trauma & Resilience (ATR) Grants

Funded by the Adversity, Trauma & Resilience Programme, administered by CNet

Introductions

Background to ATR Grants

Zakra Yasin, Public Health Specialist, Bradford Council

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Who is funding the grants and why?

The ATR grants are funded by the Adversity, Trauma and Resilience (ATR) Programme, Public Health, Bradford Council.

The purpose of the grants are to invest in four projects that will inform the development of an ATR Implementation Plan including community engagement activities that raise awareness of adverse childhood experience, trauma and resilience and plan a communications, marketing and an awareness campaign that can be scaled up for district wide roll out.

Progress of each grant will be monitored by the ATR Families and Communities sub group.

Applications from smaller grass roots community organisations and applications which foster and support innovative ways of working together are strongly encouraged.

Organisations may apply for one or more of the grants. A separate application is required for each grant.

GRANT 1 - Community Insight Research and Evaluation £23,750

Desk based insight research into prevalence and understanding of Adverse Childhood Experiences, Trauma and Resilience amongst the diverse Bradford communities.

What do we already know?

What are people already talking to us about?

What are the known key issues?

An analysis and interpretation of data already held in the public domain across the Bradford system including learning from the other 3 small grants projects (2, 3 & 4).

Outputs

- ► The grant recipient will use the findings from their insight research and the outputs of the Grants Projects 2, 3 & 4 to create a Community Engagement Implementation Plan, including:
 - community engagement activities that raise awareness of adverse childhood experience, trauma and resilience
 - ▶ a plan for communications, marketing with key messages
 - an awareness campaign with scalability options for districtwide roll out
- Present the plan on paper and PowerPoint presentation
- Present their findings to up to 5 partnerships boards as agreed with the funder

GRANT 2 -Community Awareness Raising £20,000

- ► Use a model of community-based conversations to increase awareness of adverse childhood experiences, trauma and resilience through focus groups that will be supported by the West Yorkshire Adversity, Trauma and Resilience Programme (WY ATR).
- ► The focus group will have facilitation support from Lisa Cherry, consultant for the WY ATR Programme

Outputs

- ► Focus groups to be held across the district
- ► Capture community voice on language used when discussing ATR, key messages, barrier and enablers to meaningful community engagement and present in a recommendation paper and to the ATR community and families.
- ► Further detail, including number of focus groups and KPIs to be agreed with funder.

GRANT 3 - Awareness Raising Campaign £20,000

- ► Co-design and pilot a public movement campaign using insight gathered from the focus groups.
- ► The campaign is to be a vehicle to raise ATR awareness and will also be supported by the West Yorkshire Adversity, Trauma and Resilience Programme.
- ► The campaign and pilot have to be designed with scalability options for districtwide roll out.

Outputs

- Designing a campaign with community voice threaded through detailed plan
- Conducting a pilot and capturing lessons learnt, successes and challenges
- ▶ Recommendation paper on scalability options for districtwide roll out. To be presented to the ATR community and families sub group.
- ► Recommendation paper to also inform the ATR Community Engagement Implementation plan.
- ► Further detail including service design and scope of pilot to be agreed.

GRANT 4 - Safe Spaces £10,000

- ► A scoping exercise to review current provision under 'safe spaces' in Bradford and establish if the provision is trauma informed.
- Proposed outputs and KPI's to be agreed with funder.

Outputs

- A deeper and more developed understanding of the community experience and perspectives on ATR in Bradford
- The community has an increased understanding of adverse childhood experiences and how these can affect them at different points in life; and how they can build and foster resilience in themselves and other.
- ► Grant Recipients will be supporting delivery against the following indicators within the Public Health Outcomes Framework (PHOF):
 - Child Development: percentage of children achieving a good level of development at 2-2½ years (CO8a)
 - ► Child Development: percentage of children achieving expected level in personal-social skills at 2-2½ years (CO8c), Self-reported wellbeing people with a low satisfaction score (C28a)
 - Self-reported wellbeing people with a low worthwhile score (C28b), Self-reported wellbeing - people with a low happiness score (C28c)
 - Self-reported wellbeing people with a high anxiety score (c28d)
 - Excess under 75 mortality rate in adults with serious mental illness (4.09i)
 - Proportion of adults in the population in contact with secondary mental health services (4.09ii)

Who can apply

Community groups, registered charities, voluntary and community organisations and social enterprises based in or working across Bradford District with the following may apply:

- ► A constitution/governing document
- A management committee/board of directors
- An organisational bank account
- ► Key policies in place i.e. Health & Safety, Safeguarding, Equality and Diversity

Organisations applying must have a track record of managing similar projects and must have a good understanding of coproduction and community voice.

What will not be funded

- Existing activities
- On-going running costs of your organisation
- Any shortfall in funding for an existing project or a project where another funder has withdrawn funding
- Endowments/loan repayments
- Retrospective applications
- Management costs higher than 10% of the project cost
- Activities that have direct financial benefit to the organisation's members
- Any project that receives funding for the same project from another funding source

Application Process

- Contact details
- Information about your organisation/group
- About the project you are proposing
- Equal Opportunities
- Project costs
- Declaration
- Checklist

Deadline for applications

Wednesday 31st of May 2023, 12noon

Email applications to grants@cnet.org.uk

The Assessment Panel

- All applications will be considered by an assessment panel and we will aim to notify you of a decision within four weeks of your application submission. Please note there is no appeals process and all decisions are final, however you may request feedback.
- ► We may contact you to provide further details or to clarify what you have written on your application form.
- ► The grants awards will be paid by Bradford Council

Monitoring & Evaluation

Grants recipients will be required to:

- remain in regular communication with the Public Health Children and Young Peoples Team and may be requested to join meetings to maintain relationships and communication flows at regular intervals throughout the grant duration
- develop a delivery plan with clear timescales
- support activities if requested such as presenting their findings and sharing their experiences at workshops or similar events
- provide a written report at mid-point of delivery and at the end of the project, summarising key activities undertaken against the delivery plan and key findings identified Proof of payment, i.e. copy of receipted invoices for all spending will be required as a legal requirement.

Monitoring Deadlines

All funding must be spent and final evaluation monitoring sent to CNet, according to the following dates:

- ▶ Grant 1 Funding to be spent by 31 January 2024 and final monitoring to be received by 16 February 2024
- ► Grants 2, 3 & 4 Funding to be spent by 30 November 2023 and final monitoring to be received by 15 December 2023

Available Support

Support for completing the application and for advice on policies and procedures, constitutions, set of rules etc. is available from Community Action Bradford & District (CABAD) Development Officers:

Ashraf Miah, Funding - Ashraf@cabad.org.uk 07415 307542

Chris Barker, Governance & Community Assets - Chrisb@cabad.org.uk 07422 966140

Chris Bulmer, Volunteering - Chris.Bulmer@cabad.org.uk 01943 603348

Chris Hancox, Safeguarding - Chrish@cabad.org.uk 07539 684668

Kirsty Gregory, Marketing & Communications - Kirsty@cabad.org.uk 07933 987006

Lincoln Oakley, Enterprise and Trading - <u>Lincolno@cabad.org.uk</u> / 07422 575852

Specialist support is available around marketing and communications, developing your trading, governance, looking for funding opportunities, volunteering and safeguarding.

Other notes

- Application forms and guidance documents are available to download at www.cnet.org.uk/projects/grants or can be requested by email
- For more information and/or clarification of any of the above points please contact Saima on 01274 305045 or saima@cnet.org.uk
- Organisations/groups may apply for one or more of the grants however a separate application is required for each grant.
- A separate application is required for each grant

Grant Application Form

Questions & Clarifications

Checklist

- ► Guidance notes read / criteria met
- ► Application form / declaration signed
- Constitution or governing docs attached if applicable
- Recent annual accounts attached
- Name of a reference