

Adverse Childhood Experiences, Trauma and Resilience (ATR) Grants Guidance Notes

The ATR grants are funded by the Adversity, Trauma and Resilience (ATR) Programme, Public Health, Bradford Council and progress of each grant will be monitored by the ATR Families and Communities sub group.

The purpose of the grants are to invest in four projects that will **inform the development of an ATR Implementation Plan** including community engagement activities that raise awareness of adverse childhood experience, trauma and resilience and **plan a communications, marketing and an awareness campaign** that can be scaled up for district wide roll out.

Applications from smaller grass roots community organisations and applications which foster and support innovative ways of working together are strongly encouraged.

****Organisations may apply for one or more of the grants. Please note: a separate application is required for each grant.****

Grants available

1: Community insight research and evaluation - £23,750

Conduct desk based insight research into prevalence and understanding of Adverse Childhood Experiences, Trauma and Resilience amongst the diverse Bradford communities. (What do we already know? What are people already talking to us about? What are the known key issues?). This will require an analysis and interpretation of data already held in the public domain across the Bradford system **as well as the learning from the other 3 small grants projects (2, 3 & 4).**

Expected output:

- The grant recipient will use the findings from their insight research and the outputs of the following three projects to create a **Community Engagement Implementation Plan** including community engagement activities that raise awareness of adverse childhood experience, trauma and resilience and **a plan for communications, marketing with key messages and an awareness campaign with scalability options for districtwide roll out.** The plan is to be presented in form of a paper and PowerPoint presentation
- The grant recipient will also need to commit to present their findings to up to 5 partnerships boards as agreed with the funder.

2: Community Awareness Raising - £20,000

Use a model of community-based conversations to increase awareness of adverse childhood experiences, trauma and resilience through focus groups that will be supported by the West Yorkshire Adversity, Trauma and Resilience Programme (WY ATR). The focus group will have facilitation support from Lisa Cherry, consultant for the WY ATR programme.

Expected output:

- Focus groups to be held across the district
- Capturing community voice on language used when discussing ATR, key messages, barrier and enablers to meaningful community engagement. This will be presented in a recommendation paper and presented to the ATR community and families.

Further detail, including number of focus groups and KPIs to be agreed with funder.

3: Awareness Raising Campaign - £20, 000

Co-design and pilot a public movement campaign using the insight gathered from the focus groups. The campaign is to be a vehicle to raise ATR awareness and it will also be supported by the West Yorkshire Adversity, Trauma and Resilience programme. The campaign and pilot have to be designed with scalability options for districtwide roll out.

Expected output:

- Designing a campaign with community voice threaded through - detailed plan
- Conducting a pilot and capturing lessons learnt, successes and challenges
- Recommendation paper on scalability options for districtwide roll out. To be presented to the ATR community and families sub group.
- Recommendation paper to also inform the ATR Community Engagement Implementation plan.

Further detail including service design and scope of pilot to be agreed.

4: Safe Spaces - £10,000

A scoping exercise to review current provision under 'safe spaces' in Bradford and establish if the provision is trauma informed.

Proposed outputs and KPI's to be agreed with funder.

Overall Expected Outcomes

- A deeper and more developed understanding of the community experience and perspectives on ATR in Bradford
- The community has an increased understanding of adverse childhood experiences and how these can affect them at different points in life; and how they can build and foster resilience in themselves and other.

The Grant Recipients will be supporting delivery against the following indicators within the Public Health Outcomes Framework (PHOF):

- Child Development: percentage of children achieving a good level of development at 2-2½ years (CO8a)
- Child Development: percentage of children achieving expected level in personal-social skills at 2-2½ years (CO8c), Self-reported wellbeing – people with a low satisfaction score (C28a)
- Self-reported wellbeing – people with a low worthwhile score (C28b), Self-reported wellbeing – people with a low happiness score (C28c)
- Self-reported wellbeing – people with a high anxiety score (c28d)
- Excess under 75 mortality rate in adults with serious mental illness (4.09i)
- Proportion of adults in the population in contact with secondary mental health services (4.09ii)

Who can apply?

The grants scheme is available to community groups, registered charities, voluntary and community organisations and social enterprises based in or working across Bradford District with:

- A constitution/governing document
- A management committee / board of directors
- An organisational bank account
- Key policies in place i.e. Health & Safety, Safeguarding, Equality and Diversity

Organisations applying must have a track record of managing similar projects and must have a good understanding of co-production and community voice.

What will not be funded:

- Existing activities
- On-going running costs of your organisation
- Any shortfall in funding for an existing project or a project where another funder has withdrawn funding
- Endowments/loan repayments
- Retrospective applications
- Management costs higher than 10% of the project cost
- Activities that have direct financial benefit to the organisation's members
- Any project that receives funding for the same project from another funding source

Application Process

You must fill in all sections of the application form.

Section 1: Contact details. It is very important that this section is filled in accurately, as these are the details we will use to contact you.

Section 2: Information about your organisation. This helps us to understand the size and nature of your organisation. We need a commitment that you have / will develop all the policies, procedures and insurances relevant to the running of your organisation. It is your responsibility to meet all legal and liability requirements relating to the service you are proposing to provide.

Section 3: About the project you are proposing. Please provide as much information as you can about what you are proposing (include a mobilisation plan and delivery schedule). Remember, this is the only information the grants assessment panel will have about your project, so please clearly and concisely provide as much detail as possible.

Section 4: Equal opportunities. We need to know how you will make sure that those who could benefit from the project the most will know about it and be able to get involved. You need to have thought about how you will address any difficulties people may have in finding out about and using/ accessing the project.

Section 5: Project costs. We need accurate information about the costs of the project you are proposing. You need to include the total cost you are applying for and provide an itemised breakdown. Please provide details of match funding (*in cash, equipment, in kind, etc.*), if applicable.

Section 6: Declaration. Please make sure the application form is signed by 2 people from your organisation's management committee / board of trustees / directors (Chair, Secretary or Treasurer).

Section 7: Checklist: There are a number of additional pieces of information which must be submitted with your application form:

- A copy of your constitution / governing documents
- Most recent annual accounts or statement of income for the last year or months of existence
- Name and contact details of a person/organisation who can be contacted for reference purposes. This is a group/organisation reference not a personal character reference.

Deadline for applications

Applications with supporting documentation must be submitted by **12 noon, Wednesday 31st May 2023** to grants@cnet.org.uk.

What happens next?

The grants will be funded by the Adversity, Trauma and Resilience (ATR) Programme, Public Health, Bradford Council and will be administered by Bradford & District Community Empowerment Network Ltd (CNet).

All applications will be considered by an assessment panel and we aim to notify you of a decision within four weeks of the closing date.

Please note there is no appeals process and all decisions are final.

Payment Process

If your application is successful you will be sent a Vendor Registration form to complete, payment will then be made by Public Health, Bradford Council.

Monitoring & Evaluation

Grants recipients will be required to:

- remain in regular communication with the Public Health Children and Young Peoples Team and may be requested to join meetings to maintain relationships and communication flows at regular intervals throughout the grant duration
- develop a delivery plan with clear timescales
- support activities if requested such as presenting their findings and sharing their experiences at workshops or similar events
- provide a written report at mid-point of delivery and at the end of the project, summarising key activities undertaken against the delivery plan and key findings identified

Proof of payment, i.e. copy of receipted invoices for all spending will be required as a legal requirement.

All funding must be spent and final evaluation monitoring sent to CNet, according to the following dates:

- **Grant 1** – Funding to be spent by **31 January 2024** and final monitoring to be received by **16 February 2024**
- **Grants 2, 3 & 4** – Funding to be spent by **30 November 2023** and final monitoring to be received by **15 December 2023**

Available support

Support for completing the application and for advice on policies and procedures, constitutions, set of rules etc. is available from:

Community Action Bradford & District (CABAD) Development Officers:

Ashraf Miah, Bradford East - Ashraf@cabad.org.uk 07415 307542

Chris Barker, Keighley and Ilkley – Chrisb@cabad.org.uk 07422 966140

Chris Hancox, Shipley/Bingley - Chrish@cabad.org.uk 07539 684668

Kirsty Gregory, Bradford West – Kirsty@cabad.org.uk 07933 987006

Lincoln Oakley, Bradford South – Lincolno@cabad.org.uk 07422 575852

Specialist support is available around marketing and communications, developing your trading, governance, looking for funding opportunities, volunteering and safeguarding.

Living Well Community Engagement & Development Staff

Samina Fayyaz, Community Engagement and Development Worker, Bradford West –
Samina.Fayyaz@bradford.gov.uk

Mark Burnside, Community Engagement and Development Worker, Shipley priority areas: Windhill / Wrose, Bradford East priority areas: Thorpe Edge / Ravenscliffe / Idle –
Mark.burnside@bradford.gov.uk 07582 109691

Amarjit Birdi, Community Engagement and Development Worker, Bradford East priority areas: Bradford Moor, Bowling and Barkerend and Little Horton – Amarjit.birdi@bradford.gov.uk 07977 814170

Mohammed Mahboob, Community Engagement and Development Worker, Shipley & Bradford West – Mohammed.mahboob@bradford.gov.uk

Market Engagement Event

A session to provide the opportunity for potential applicants to ask questions and gain clarification from the funders about the grants scheme will take place **via Zoom on Wednesday 17 May 2023, 1:30pm – 2:30pm**. If you would like to attend this event please email saima@cnet.org.uk.

The application form and guidance notes are available to download at www.cnet.org.uk/projects/grants or can be requested by email.

****Please note organisations may apply for one or more of the grants however a separate application is required for each grant.****

For more information and/or clarification of any of the above points please contact:

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